

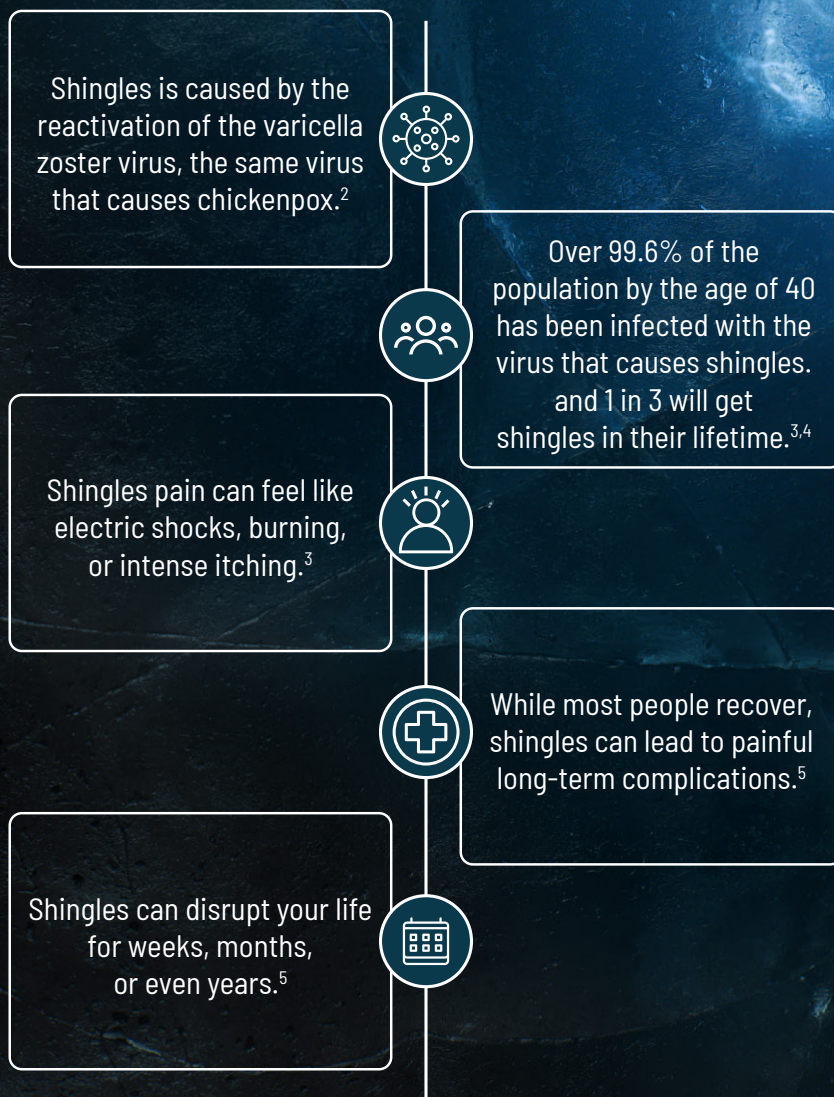


SHINGLES

PREVENTION STARTS WITH AN INFORMED CONVERSATION

If you're 50 years or older, the risk of getting this painful, blistering rash is very real — no matter how healthy you may feel.^{1,2} Use this guide at your next doctor's appointment to learn more.

QUICK FACTS:



DON'T WAIT FOR SHINGLES PAIN TO STRIKE

GET THE **CONVERSATION** STARTED

HERE ARE SOME QUESTIONS TO GUIDE YOUR DISCUSSION

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I am over 50 but feel healthy and try to stay fit.
Am I still at risk for shingles ?

People talk about the terrible impact shingles pain has had on their lives.
Is it that painful?

Can you **tell me more** about the potential **long-term complications of shingles?**

If I haven't had chickenpox, **can I get shingles?**

I've had shingles before. **Can I get it again?**

TAKE ACTION BEFORE THE VIRUS DOES.
TALK TO YOUR DOCTOR.

References: 1. Gov.UK;2021;1-16;28a Shingles (herpes zoster). 2. Mayo Clinic;2019;1-4; Shingles. 3. CDC. MMWR. Prevention of Herpes Zoster Recommendations of the Advisory Committee on Immunization Practices (ACIP); 2008; 57; RR-5. 4. Kilgore PE; Journal of medical virology; 2003; 70; S111-8. 5. Drolet M; Herpes Zoster: Postherpetic Neuralgia and Other Complications; Chapter 11; 2017;119-140.

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Consult your physician. This material is intended for people target to be vaccinated against Shingles. This material does not intent to substitute the professional medical attention. Only a physician could diagnose and treat a medical condition such as Shingles. This is a disease awareness material developed by GSK.

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